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Chase Dental SleepCare of Weston

IF YOU ANSWER YES TO ANY OF THESE QUESTIONS YOU MIGHT HAVE SLEEP APNEA

1. Have you ever been diagnosed with Sleep Apnea? Yes _____ No _____

2. Have you ever had a sleep study? Yes _____ No _____

3. Have you ever been told that you should wear CPAP? Yes _____ No _____

Continuous positive airway pressure therapy (CPAP) uses a machine to help a person who has obstructive sleep apnea (OSA) breathe more easily during sleep. A CPAP machine increases air pressure in your throat so that your airway does not collapse when you breathe in.

4. Do you have morning headaches? Yes _____ No _____

5. Are you drowsy during the day able to take a nap almost any time? Yes _____ No _____

6. Do you get a restful, good night sleep? Yes _____ No _____

7. Have you been told that you gasp for air or suddenly stop breathing while sleeping?
Yes _____ No _____

8. Do you snore? Yes _____ No _____

Date: _____

Patient Name: _____

Address: _____

Telephone Number: _____

Email Address: _____

Signature: _____